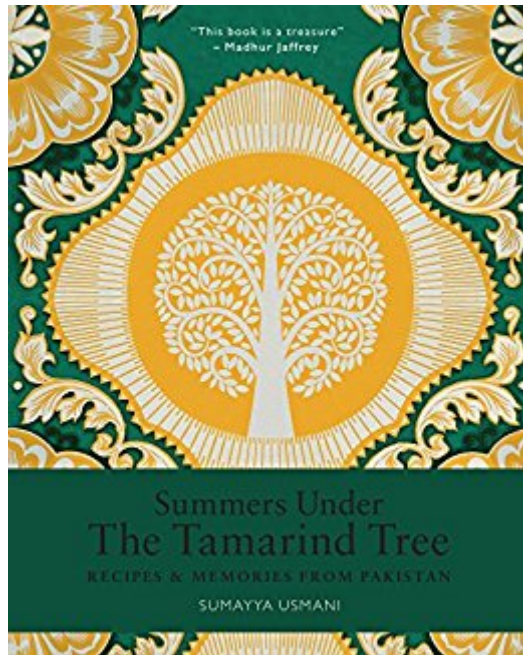


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Summers Under The Tamarind Tree: Recipes And Memories From Pakistan



Synopsis

Summers Under the Tamarind Tree is a contemporary Pakistani cookbook celebrating the varied, exciting and often-overlooked cuisine of a beautiful country. In it, former lawyer-turned-food writer and cookery teacher Sumayya Usmani captures the rich and aromatic pleasure of Pakistani cooking through more than 100 recipes. She also celebrates the heritage and traditions of her home country and looks back on a happy childhood spent in the kitchen with her grandmother and mother. Pakistani food is influenced by some of the world's greatest cuisines. With a rich coastline, it enjoys spiced seafood and amazing fish dishes; while its borders with Iran, Afghanistan, India and China ensure strong Arabic, Persian and varied Asian flavours. Sumayya brings these together beautifully showcasing the exotic yet achievable recipes of Pakistan.

Book Information

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Customer Reviews

Summers under the Tamarind Tree is loaded with very interesting recipes slightly different than the Indian food we're used to eating, and some beautiful photographs. We enjoyed our first Pakistani dinner from the book last night, the Ginger Chicken, the Watermelon / mint and Daikon Salad etc.

everything was delicious and healthy.

What a delightful cookbook! Pakistani food is closely related (or can be considered a variant of the 'Indian cuisine') to Indian food. Pakistani food, IMHO, has strong overtones of Mughal, Afghani culture. Ms Usmani does this cuisine a big favor by simplifying the cooking/ tenderizing techniques. I love Pakistani food-when I can get my hands of some. Pakistani food gets conflated with Indian and the results are not the same. Her side notes and anecdotes are just as delightful and it shows that this book is a labor of love for the author. Great Job!

I have loved Sumayya's blog and am thrilled to have her cookbook. I have already cooked several recipes and they were all great. I also appreciate her providing some background about Pakistani cooking. It is a rich cooking heritage but doesn't get the acclaim that Indian cooking does.

I received this book yesterday after finding out about it on her blog. It is GORGEOUS. I especially appreciate that she included descriptions of cooking methods that impact the flavoring of the final dish. I'm looking forward to working through the recipes!

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